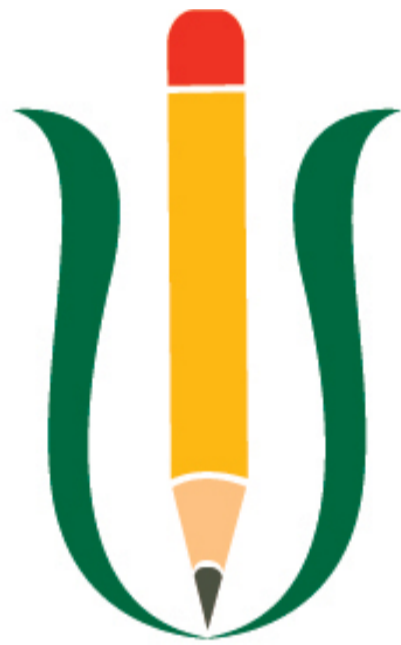


**Youth Education
Curriculum Guide
and Garden Activities**



Urban Harvest
EDUCATION

**A variety of garden-related activities
for use in teaching core subjects.**

***SPRING
ACTIVITIES***



Urban Harvest
EDUCATION

Spring Garden Fun!

S U T H U N D E R S T O R M S
H E O W D T X A E T M G A E U
O J M E U R H R P R O R T L N
T E A G T E C T P A R E R O S
T V T G T L O H E W E E A N A
S E O P E L V W P B S N N W F
R U C L R I R O X E H B S N E
H E N A F S E R W R O E P Y T
E T C N L E E M A R W A L G Y
R A L T Y B T W R Y E N A D E
B B I L M T I A M T R S V R N
S L N U W S X T E K S I T I T
A E C F L O W E R S F O R E S
Y U H A D Y T B E E S N M R Z
C C F H C L U M P I C N I C S

**Find the fruits and vegetables that you can plant in your Spring garden.
Plus, there are other fun things that you might see or do in your garden!**

TOMATO
PEPPER
CUCUMBER
EGGPLANT
MELON
SHOWERS
WARMER

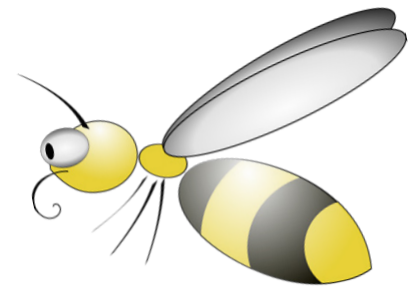
SUNNY
BUTTERFLY
BEES
MULCH
SUN SAFETY
GREEN BEANS
THUNDERSTORMS

STRAWBERRY
FLOWERS
PICNICS
EARTHWORM
HERBS
TRANSPLANT
TRELLIS

Favorite Spring Activity

Draw or write about your favorite thing to do this spring, either real or imaginary!

A large, empty rectangular box with a thin black border, occupying the majority of the page below the title and instruction. It is intended for a child to draw or write their favorite spring activity.



Spring is in the Air!

*The arrival of the vernal equinox means equal hours of day and night.
Encourage children to use their senses to observe the signs of spring!*

TOP 10 SIGNS OF SPRING

1. Smell the sweet air! Fruit trees and many shrubs are blooming fragrant flowers.
2. Ah-h-h choo . . . pollen is in the air! Oaks, pecans and weeds are just a few to blame.
3. Weeds, weeds, weeds! Weed seeds have been asleep but they never go away.
4. Watch the grass grow . . . warmer days and spring showers are jump-starting spring lawns.
5. Buzz-z-z-zing with bees! Our garden friends are everywhere to collect all the pollen.
6. On roadsides, in the park and in your garden . . . wildflowers are everywhere!
7. Who needs an alarm clock when chirping birds will wake you up in the morning?
8. What's bugging you? Many insects are waking up from their long hibernation in the soil.
9. Getting dressed? Hang up the jackets and find your favorite shorts.
10. Vegetable gardens are full of tomato, cucumber and green beans!

GET OUTSIDE!

1. *Go camping* . . . even if it's in your own backyard.
2. *Pack a picnic lunch or some portable snacks and walk or bike to a local park or nature area.* Just like people, wildlife is more active during warmer days of spring. You may be surprised to see the variety of wildlife especially the newborn babies!
3. *Art in the Garden!* Visit a garden with lots of flowers then have students draw or write a poem about their favorite one. Look for geometric shapes in the flower petals, leaves and blossoms.
4. *Plant a Pot!* Reuse empty 4" pots, fill with compost or potting soil to start a "windowsill" or "patio garden." Bush green beans and basil are great choices. Seedlings can be transplanted into larger pots or a home garden. Perfect for a school activity or patio gardens!
5. *Dig out your seeds and plant a Spring garden!* Warm weather varieties are plentiful especially those in the bean family. Children will usually eat or at least try something if they helped grow it, so give it a try. For ideas of what to plant, download the "*Spring Planting Guide*" on the "*Curriculum & Resources*" page of our website (www.urbanharvest.org).

ENJOY SPRING'S BOUNTY!

1. Visit a strawberry or blueberry farm to pick your own fruit, then bring extra home to share or to make a yummy pie!
2. If you don't have your own garden, visit a nearby farm or even a farmers' market to pick up some fresh fruits and vegetables of the season for your next outdoor meal. The Urban Harvest Farmers Markets are held year-round. After your visit, plan to spend some time in the Levy Park which is just south of the Eastside market. (Visit the website for hours and locations.)

