



Urban Harvest

FALL PLANTING GUIDE

Vegetable/Planting Type	SEP	OCT	NOV	Vegetable/Planting Type	SEP	OCT	NOV
Amaranth for grain/seed	✓			Lentil/seed			✓
Arugula, garden (rocket)/seed			✓	Lettuce, 30-70 day/seed		✓	✓
Arugula, Sylvestra/seed	✓	✓	✓	Mache (corn salad)/seed			✓
Basil/plant	✓			Mint/plant	✓	✓	✓
Bean, broad, Fava/seed			✓	Mitsuba/seed		✓	
Bean, snap (string), pole & bush/seed		✓		Mizuna/seed		✓	✓
Bean (hyacinth)/seed		✓		Mustard/seed		✓	✓
Beet/seed		✓	✓	Onions, multiplying/sets		✓	✓
Bok choy, Pak choy, Tatsoi/seed		✓		Onions, short day bulb/sets			✓
Broccoli/plant			✓	Oregano, Greek, Italian/plant			✓
Buckwheat/seed	✓			Parsley/seed		✓	
Cabbage/plant			✓	Parsnip/seed		✓	
Cabbage (Napa, Chinese)/seed or plant		✓	✓	Pea, sugar snap, English shell, snow/seed			✓
Carrot/seed		✓	✓	Radish, salad & daikon/ seed			✓
Cauliflower/plant			✓	Romanesco Cauliflower, Hybrid/ plant			✓
Celery herb & stalk/ seed			✓	Rosemary/plant		✓	✓
Chard /seed or plant		✓	✓	Rutabaga/seed		✓	✓
Chervil/ seed or plant			✓	Salsify, Scorzonera/seed or plant		✓	✓
Chives, Garlic & Onion/bulb		✓	✓	Shungiku (Tong Ho)/seed		✓	
Cilantro/seed			✓	Sorrel/plant & seed		✓	✓
Claytonia/seed		✓		Squash, summer/seed or plant	✓		
Collards/seed		✓	✓	Strawberry/plant			✓
Collards/plant		✓	✓	Sugar cane/cutting		✓	✓
Cress, garden/seed			✓	Tendergreens (mustard spinach)/seed			✓
Cucumber/seed or plant	✓			Tomato, Cherry/plant	✓		
Dill/seed		✓		Turnip/seed		✓	✓
Endive, Chicory, Radicchio/seed			✓	SEED in pots, A/C under lights/greenhouse			
Epazote/seed or plant	✓			Artichoke (Globe)		✓	✓
Fennel, Florence/seed		✓		Broccoli	✓		
Garlic/cloves			✓	Brussels sprouts	✓		
Gailan (Chinese Broccoli)/seed or plant			✓	Cabbage	✓		
Horseradish/root		✓	✓	Cauliflower	✓		
Kale/seed or plant			✓	Chard	✓		
Kale, Russian/seed or plant		✓		Leek	✓		
Kohlrabi/seed or plant			✓	Onion, short day	✓		
Leek/set		✓	✓	Romanesco cauliflower	✓		
Lemon balm/seed or plant			✓	Spinach			✓

NOTE: Recommendations based on Central Houston (Hobby Airport/Pearland) 2007-2017 temperatures for areas whose winters stay above 25°F and are not on the Coast. Locations south of I-10 far from central Houston, or north of North I-610, plant earlier than shown. Revised August 2017.

Information from *Year Round Vegetable, Fruits and Flowers for Metro Houston* by Dr. Bob Randall (available pending publication). Used with permission. 8/17